



### **FEBRUARY**

INTERNATIONAL BLACK **HISTORY MONTH** 

Feb. 1, 2024 → Feb. 29, 2024

**WORLD NO MOBILE DAY AND DIGITAL** DISCONNECTION

Feb. 6, 2024 → Feb. 8, 2024

INTERNATIONAL DAY OF WOMEN AND GIRLS IN SCIENCE

Feb. 11, 2024

WORLD DAY OF SOCIAL JUSTICE

Feb. 20, 2024



## INTERNATIONAL MONTH OF BLACK HISTORY

Feb. 1, 2024 → Feb. 29, 2024

The Black History Month is an annual commemoration of the history of the African diaspora. First launched in the United States in 1976 by President Gerald Ford, the commemoration takes place every year in February.



OUR EXPERTS HELP YOU GAIN INSIGHT INTO THE SUBJECT AND HIGHLIGHT THE MULTIPLE ACHIEVEMENTS OF THESE COMMUNITIES IN OUR SOCIETIES.

#### **CONFÉRENCES:**



#### **AYANA O'SHUN**

"LE MYTHE DE LA FEMME NOIRE"



#### **EMILIE NICOLAS**

LUTTER ENSEMBLE CONTRE LE RACISME DANS SON MILIEU PROFESSIONNEL



#### **DEBORAH CHERENFANT**

SENSIBILISER AUX PRÉJUGÉS CONSCIENTS ET INCONSCIENTS, AUX MICROAGRESSIONS ET À LEUR IMPACT SUR NOTRE INCLUSIVITÉ ET NOTRE ENVIRONNEMENT DE TRAVAIL



#### **FLORIAN PRADON**

HISTOIRE D'UN FRANÇAIS NOIR IMMIGRÉ AU QUÉBEC : ENTRE SURPRISE ET REALITY- CHECK

**INVITEZ BRUNY À PARTICIPER À UN PANEL SUR CE SUJET!** 



**BRUNY SURIN** 



WORLD NO MOBILE DAY AND DIGITAL DISCONNECTION

Feb. 6, 2024 → Feb. 8, 2024

In a world where technology is omnipresent, disconnecting is a real challenge. February 6th is a time to put away your phone for 24 hours and focus on more important things, like relationships with family members, colleagues, friends, reading or taking time for yourself.



MAKE YOUR TEAMS AWARE OF THE SUBJECT THROUGH A
CONFERENCE OR A WORKSHOP RESOLUTELY FOCUSED ON THE
HUMAN ASPECT AND SHARING:

#### **CONFERENCES:**



#### **MÉLISSA CANSELIET**

BALANCE IN THE HYPERCONNECTED ERA: MANAGING YOUR DIGITAL WELL-BEING



#### **SHAWN SUKHRAJ JOHAL**

HIGH PERFORMANCE: BECOME THE BEST VERSION OF YOURSELF



#### SYLVIA BRÉGER

SCREENS AND HYPERCONNECTION: THE RISKS LINKED TO THE INTERNET



#### **NIKOLAS BADMINTON**

THE FUTURE OF PRIVACY AND SECURITY

#### **WORKSHOPS / EXPERIENCES / TEAM-BUILDING:**



#### **ANTHONY VENDRAME**

TOTEM. (Think Outside The Evil Mundane): CREATE YOUR TEAM EMBLEM AND DISCOVER YOUR PEERS THROUGH BRAINSTORMING TECHNIQUES



#### **AXEL ALLETRU**

TEAM BUILDING: EXPERIMENTATION OF THE PARIS-DAKAR SPORT DRIVING



#### **CATH LAPORTE**

R.

#### **JESSICA HARNOIS**

THE HUMAN ONION: AN INTROSPECTIVE EXERCISE TO DISCOVER THE AUTHENTIC AND CREATIVE LEADER WITHIN YOU

WINE AND CHEESE TASTING / TEAM BUILDING WITH THE MYSTERY WINE GAME



#### **CYNDI MARTIN**

TEAM BUILDING: TAKE OFF AS A TEAM ON A SNOWMOBILE



#### **DOM COOKS**

CULINARY MASTERCLASS AND TEAM BUILDING, TO YOUR TASTE!



# INTERNATIONAL DAY OF WOMEN AND GIRLS IN SCIENCE

Feb. 11, 2024

This February 11 initiative is implemented by UNESCO and UN-Women, in collaboration with institutions and civil society partners that aim to promote women and girls.

Gender equality is a global priority for UNESCO, and the support of young girls, their training and their full ability to voice their ideas are levers for development and peace.



BE INSPIRED BY OUR EXPERTS AND MOBILIZE THE WOMEN AND GIRLS IN YOUR NETWORK THANKS TO THE EXCEPTIONAL JOURNEYS OF OUR SPEAKERS:

#### **CONFERENCES:**



#### **AYANA O'SHUN**

MAKE YOUR MESSAGE SHINE IN THE MEDIA OCEAN: 3 KEYS TO CAPTIVATE ATTENTION.



#### **CYNDI MARTIN**

WOMEN IN A "MAN'S WORLD": FIND AND MAKE YOUR PLACE WITHOUT IMPOSED LIMITS



#### MÉLISSA CANSELIET

DIGITAL LITERACY AND ESG:
POSITIVE IMPACT AND
SUSTAINABLE PRACTICES.



## JANET KESTIN & NANCY VONK

GLASS CEILING: BREAKING INVISIBLE RULES OF BUSINESS THAT HOLD WOMEN BACK



#### KAROLINA WISNIEWSKA

REACHING BEYOND SUMMITS: DRAWING INSPIRATION FROM PARALYMPIC EXCELLENCE TO PERFORM DAILY



#### SARAH BRISSON-LEGAULT

L'ART DU « ENSEMBLE » : ÉLEVER LA PERFORMANCE.



#### **SOPHIE REIS**

SELF-AWARENESS: FINDING ONE'S PURPOSE



#### **VIRGINIE DELALANDE**

GIVING UP? NEVER!



### VALÉRIE MARIE

Conference - Musical show

"THE METAMORPHOSIS": LIFE COURSE OF AN ATYPICAL PIANIST



#### **VIRGINIE GUYOT**

WOMEN'S LEADERSHIP: FROM AERONAUTICAL ENGINEER TO LEADER OF THE PATROUILLE DE FRANCE, AN EXCEPTIONAL CAREER

#### **EXPERIENCE / TEAM BUILDING:**



#### **JESSICA HARNOIS**

WINE AND CHEESE TASTING / TEAM BUILDING WITH THE MYSTERY WINE GAME



## WORLD DAY OF SOCIAL JUSTICE

Feb. 20, 2024

The World Day of Social Justice is an international day that recognizes the need to promote and enhance social justice.

This concept refers to all efforts to address issues such as poverty, exclusion, gender equality, unemployment, human rights and social protections, issues that can be found in the corporate world as well as on the street.



EDUCATE AND ENGAGE YOUR EMPLOYEES THROUGH OUR
CONFERENCES AND WORKSHOPS ON VARIOUS TOPICS RELATED TO
SOCIAL JUSTICE:

#### **CONFERENCES:**



#### **BÉATRICE ROBICHAUD**

TRANS | COMING-OUT : A MATTER OF SURVIVAL



#### **CHRIS BERGERON**

LOSING MY PRIVILEGES: WHAT BECOMING A VISIBLE MINORITY TAUGHT ME ABOUT LEADERSHIP



#### **DEBORAH CHERENFANT**

ADDRESSING PREJUDICE TO BETTER
CONFRONT IT
RAISING AWARENESS ON CONSCIOUS AND
UNCONSCIOUS BIAS, MICROAGGRESSION
AND THEIR IMPACT ON OUR INCLUSIVENESS
AND WORK ENVIRONMENT



#### **EMILIE NICOLAS**

FIGHT TOGETHER AGAINST RACISM IN YOUR PROFESSIONAL ENVIRONMENT



#### **FLORIAN PRADON**

STORY OF A BLACK FRENCH MAN IMMIGRATED IN QUEBEC: THE IN BETWEENS OF SURPRISE AND REALITY



## JANET KESTIN & NANCY VONK

FIGHT AGAINST TOXIC BEAUTY
STANDARDS THAT FUEL HATRED AND
DISCRIMINATION TOWARDS APPEARANCE.



#### **JEAN-DANIEL PETIT**

#### **VIRGINE DELALANDE**

THE VALUE OF IMPACT: PROFITABILITY FOR CHANGE

BIDDING ALL ON DIVERSITY

#### WORKSHOP:



#### **CATH LAPORTE**

ME, YOU, US | OPEN THE DIALOGUE THROUGH A BETTER UNDERSTANDING OF YOURSELF AND THE REALITY OF THE OTHER.



ORGANIZE CONVERSATIONS WITH OUR EXPERTS ON THE SUBJECT, AND/OR LET OUR TALENTS ANIMATE YOUR EXCHANGES ON THIS THEME DURING A PODCAST, AN INTERVIEW OR A PANEL.



# YOU WANT TO KNOW MORE AND SHARE YOUR THOUGHTS WITH US?

Book a meeting with our team who will be happy to develop a customized program designed to meet your needs.

**Book a moment** 



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