

MAY 3RD TO 9TH - MENTAL HEALTH WEEK WITH adn !

Through an awareness conference, a training teaching you how to help a struggling person, or the development of a fund support program for your teams, Stéphane Grenier and Yan Martin are at your disposal.

MENTAL HEALTH IN THE WORKPLACE:

A NEW WAY TO TACKLE AN OLD PROBLEM

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WITH
STÉPHANE GRENIER



WITH
YAN MARTIN

WHY WE SHOULD ALL GET NAKED:

THE POWER OF REVEALING YOUR TRUE SELF AND STEPPING OUTSIDE YOUR COMFORT ZONE

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WANT TO KNOW MORE OR SHARE YOUR THOUGHTS WITH US?

Book a moment with our team who will be happy to develop a tailor-made program designed to meet your needs.

[Book a moment](#)