



#### INTERNATIONAL WOMEN'SMONTH

March 1, 2024  $\rightarrow$  March 31, 2024

#### WORLD ENGINEERING DAY FOR SUSTAINABLE DEVELOPMENT

March 4, 2024

#### INTERNATIONAL START-UP DAY

March 11, 2024

#### INTERNATIONAL FRANCOPHONIE DAY

March 20, 2024

#### **WORLD HAPPINESS DAY**

March 20, 2024

#### INTERNATIONAL DAY FOR THE **ELIMINATION OF RACIAL** DISCRIMINATION

March 21, 2024

#### INTERNATIONAL DAY OF TRANS VISIBILITY

March 31, 2024



# INTERNATIONAL WOMEN'S MONTH

Mars 1,  $2024 \rightarrow Mars 31$ , 2024

In this Women's History Month, let's celebrate the strength, resilience, and invaluable contributions of women in Canada. For centuries, Canadian women have shaped the history of our nation:

They have been pioneers, activists, leaders, and innovators. They have opened doors, shattered barriers, and been drivers of social, economic, and cultural progress.

They have been powerful voices, fighting for equality, justice, and rights for all.

Together, we honor their past and present achievements, and commit to continuing the fight for a more inclusive and equitable society for everyone, regardless of gender.



# HIGHLIGHT YOUR INTERNAL HEROINES AND MAKE ALL YOUR EMPLOYEES AWARE OF THE SUBJECT:

#### **CONFERENCES:**



#### **AURÉLIE SAUTHIER**

COMBINE AMBITION AND FAMILY LIFE



#### **AYANA O'SHUN**

THE MYTH OF THE BLACK WOMAN



#### **BÉATRICE ROBICHAUD**

ENTREPRENEURSHIP: SUCCEEDING IN A MAN'S WORLD



#### **CHRIS BERGERON**

LOSING MY PRIVILEGES: WHAT BECOMING A VISIBLE MINORITY TAUGHT ME ABOUT LEADERSHIP



#### **CHRISTINE MORLET**

THE ART OF NEGOTIATION: UNLEASH YOUR POWER OF INFLUENCE



#### **DÉBORAH CHERENFANT**

RAISING AWARENESS ON CONSCIOUS AND UNCONSCIOUS BIAS, MICROAGRESSION AND THEIR IMPACT ON OUR INCLUSIVENESS AND WORK ENVIRONMENT



#### **EMILIE NICOLAS**

PAY EQUITY: THE CHALLENGES OF THE NEXT GENERATION



### JANET KESTIN & NANCY VONK

GLASS CEILING: BREAKING INVISIBLE RULES OF BUSINESS THAT HOLD WOMEN BACK



#### **JESSICA HARNOIS**

HEAD / HEART / BODY: HOW TO ALIGN YOUR INTELLECT, VALUES AND PHYSICAL FORM TO PERFORM IN BUSINESS



#### **KAROLINA WISNIEWSKA**

BEYOND SUMMITS: DRAWING INSPIRATION FROM PARALYMPIC EXCELLENCE FOR DAILY PERFORMANCE.



#### **MARIE-JOSÉE GAGNON**

WOMAN OF COURAGE: LIVE YOUR "BEST LIFE"



#### MÉLISSA CANSELIET

HUMAN ERROR IN CYBERSECURITY: UNDERSTAND FOR ENHANCED PROTECTION.



#### **SARAH BRISSON-LEGAULT**

THE ART OF 'TOGETHERNESS': ELEVATING PERFORMANCE



#### SYLVIA BRÉGER

WHAT IS THE FUTURE FOR WOMEN'S LEADERSHIP?



#### VIRGINIE DELALANDE

GIVING UP? NEVER!



#### **VIRGINIE GUYOT**

TO SUCCEED IN A MAN'S WORLD

#### **CONFERENCES / EXPERIENCES:**



#### **CATH LAPORTE**

Conference-workshop

VILLES DU FUTUR : CONSTRUIRE DES ÉCOSYSTÈMES AUTONOMES, RÉGÉNÉRATEURS ET PROSPÈRES



#### VALÉRIE MARIE

Conference-musical show

"THE METAMORPHOSIS": LIFE COURSE OF AN ATYPICAL PIANIST



WORLD ENGINEERING DAY FOR SUSTAINABLE DEVELOPMENT

March 4, 2024

UNESCO's General Conference proclaimed March 4th as World Engineering Day for Sustainable Development to raise awareness of the role of engineering in modern life, which is essential for mitigating the effects of climate change and promoting sustainable development.



ORGANIZE CONVERSATIONS WITH OUR EXPERTS ON THE
SUBJECT, AND/OR LET OUR TALENTS ANIMATE YOUR
EXCHANGES ON THIS THEME DURING A PODCAST, AN INTERVIEW OR
A PANEL:

#### **CONFERENCE:**



#### **JAMES EHRLICH**

CITIES OF THE FUTURE: BUILDING AUTONOMOUS, REGENERATING AND PROSPERING ECOSYSTEMS



# INTERNATIONAL START-UP DAY

March 11, 2024

The purpose of this day is to encourage socio-economic decision-makers around the world to celebrate start-ups and their ecosystems.

Women and men, entrepreneurs, experts, investors, policy makers... have decided to fight to allow innovation and creativity to contribute to positively improve the world through the creation and development of startups.

### INSPIRE YOUR TEAMS WITH OUR ENTREPRENEURS TESTIMONIES, OR LEARN MORE ABOUT IMPORTANT STRATEGIC TOPICS:

#### **CONFERENCES:**



#### **ALEXIS ROBIN**

INNOVATION AND CREATIVE DESIGN: 10 KEY TRENDS TO APPLY IN EVERYDAY LIFE



#### **ANTHONY VENDRAME**

MASTER THE ART OF NOT TAKING YOURSELF SERIOUS: GAMES AND CREATIVITY FOR THE BENEFIT OF YOUR BRAND AND YOUR CORPORATE CULTURE



#### **AURÉLIE SAUTHIER**

COMBINE AMBITION AND FAMILY LIFE



#### **BRUNY SURIN**

STEP OUT OF YOUR COMFORT ZONE AND PUSH YOUR LIMITS!



#### **CHRISTINE MORLET**

THE ART OF NEGOTIATION: UNLEASH YOUR POWER TO INFLUENCE



### JANET KESTIN & NANCY VONK

GIVING FEEDBACK THAT GROWS IDEAS (AND PEOPLE)



#### **JEAN-BAPTISTE AUDRERIE**

12 ACTIONS TO BECOME A CHAMPION OF TALENT DEVELOPMENT: ATTRACT, DEVELOP SKILLS, RETAIN



#### **JEAN-DANIEL PETIT**

THE VALUE OF IMPACT: PROFITABILITY FOR CHANGE



#### **JULIAN GIACOMELLI**

SCALING IMPACT - HOW THE IMPACT EMBEDDED IN YOUR ORGANIZATION IS HELPED BY SCALE?



#### **LOUIS ADAM**

INTERNATIONAL MARKETING: THE KEYS TO SUCCESS



#### **LOUIS VAREILLE**

THE 3 SECRETS OF REUNIOLOGY TO TRANSFORM YOUR MEETINGS



#### MARIE-JOSÉE GAGNON

AN ENTREPRENEUR'S WORD: LESSONS LEARNED FROM 21 YEARS OF EXPERIENCE



#### **NIKOLAS BADMINTON**

FUTUR OF WORK



#### RENAUD MARGAIRAZ

ENTREPRENEUR: DEVELOPING YOUR PERSONAL BRAND



#### SHAWN SUKHRAJ JOHAL

SCALING UP: THE KEYS TO SUSTAINABLE AND BALANCED GROWTH



#### **JACQUES NEATBY**

EXCELLENCE IN EXECUTIVE COACHING AND CONSULTATION: THE KEYS TO GUIDING EXECUTIVES

#### **CONFERENCE OR COACHING:**



#### **NICHOLAS BELLIVEAU**

7 STEPS TO PREPARE FOR A WINNING PITCH



# INTERNATIONAL FRANCOPHONIE DAY

March 20, 2024

Every year, on March 20th, the International Day of La Francophonie is celebrated throughout the world, in French-speaking countries as well as in those where the French language is less widespread.



# INVITE OUR TALENTS TO EXPLORE THIS TOPIC FURTHER, AND TO CELEBRATE THE FRENCH LANGUAGE!

#### **CONFERENCES:**



#### **AURÉLIE SAUTHIER**

QUÉBEC-FRANCE, A CULTURAL SHOCK: THE DEVIL IS IN THE DETAILS



#### **EMILIE NICOLAS**

THE IMAGE OF QUEBEC IN CANADA: BEYOND STEREOTYPES



#### **WORLD HAPPINESS DAY**

Mars 20, 2024

What determines happiness? 50% is the genetic inheritance of the disposition to happiness, about 10% is external circumstances and 40% is personal investment.



HERE IS THE GOOD NEWS, WE HAVE THE POSSIBILITY TO CULTIVATE OUR CAPACITIES TO FEEL WELL-BEING. OUR TALENTS ARE AT YOUR DISPOSAL TO HELP YOU:

#### **CONFERENCES:**



#### **AXEL ALLETRU**

NO HARD FEELINGS LIFE: STORY OF A PARAPLEGIC CHAMPION



#### **JESSICA HARNOIS**

HEAD / HEART / BODY: HOW TO ALIGN YOUR INTELLECT, VALUES AND PHYSICAL FORM TO PERFORM IN BUSINESS



#### **JULIAN GIACOMELLI**

FROM WORDS TO DEEDS: PERSONAL BALANCE AND HEALTH OF FIRE FOR AMBITIOUS LEADERS



#### KAROLINA WISNIEWSKA

GOING BEYOND SUMMITS: DRAWING INSPIRATION FROM PARALYMPIC EXCELLENCE FOR DAILY PERFORMANCE



#### SARAH BRISSON-LEGAULT

THE ART OF 'TOGETHERNESS': RAISING PERFORMANCE



#### SHAWN SUKHRAL JOHAL

HAPPY LEADERS: HOW TO INCREASE YOUR SUCCESS WITHOUT SELLING YOUR SOUL?



#### VIRGINIE DELALANDE

GIVING UP? NEVER!



#### **YAN MARTIN**

WHY WE SHOULD ALL GET NAKED: THE POWER OF REVEALING YOUR TRUE SELF AND STEPPING OUTSIDE YOUR COMFORT ZONE

#### **EXPERIENCES:**



#### **CATH LAPORTE**



**DOM COOKS** 

LIVE CHEF



#### **CYNDI MARTIN**

FIND BALANCE IN A CHANGING WORLD

IMMERSIVE WELLNESS EXPERIENCES



INTERNATIONAL DAY FOR THE

ELIMINATION OF RACIAL DISCRIMINATION

March 21, 2024

This day commemorates the events of March 21, 1960, when police opened fire and killed 69 people during a peaceful protest in Sharpeville, South Africa, against apartheid laws.

The fight against racial discrimination is a central element of UNESCO's work to build peace in the minds of men and women, through education for tolerance and the rejection of racist stereotypes that may persist in culture or the media.



### BECOME AN ACTOR OF CHANGE AND PARTICIPATE IN THE ERADICATION OF THIS SCOURGE WITH OUR EXPERTS:

#### **CONFERENCES:**



#### **AYANA O'SHUN**

THE MYTH OF THE BLACK WOMAN



#### **FLORIAN PRADON**

STORY OF A BLACK FRENCH MAN
IMMIGRATED IN QUEBEC: THE IN BETWEENS
OF SURPRISE AND REALITY



#### **DEBORAH CHERENFANT**

RAISING AWARENESS ON CONSCIOUS AND UNCONSCIOUS BIAS, MICROAGGRESSION AND THEIR IMPACT ON OUR INCLUSIVENESS AND WORK ENVIRONMENT



**WORKSHOP:** 

#### **CATH LAPORTE**

ME, YOU, US | OPEN THE DIALOGUE THROUGH A BETTER UNDERSTANDING OF YOURSELF AND THE REALITY OF THE OTHER.



#### **EMILIE NICOLAS**

FIGHT TOGETHER AGAINST RACISM IN YOUR PROFESSIONAL ENVIRONMENT



# INTERNATIONAL DAY FOR TRANS VISIBILITY

March 31, 2024

Béatrice Robichaud and Chris Bergeron are two exceptional transsexual women. Their mission? To advocate for their cause, but also for all those who might feel different.



# INVITE THEM TO OPEN OR DEEPEN THE DIALOGUE WITH YOUR TEAMS!

#### **CONFERENCES:**



#### **BÉATRICE ROBICHAUD**

TRANS | COMING-OUT : A MATTER OF SURVIVAL



#### MICHELLE GERRIOR

**ELLESTRANSEX**; THE DAY AFTER



#### **CHRIS BERGERON**

LOSING MY PRIVILEGES: WHAT BECOMING A VISIBLE MINORITY TAUGHT ME ABOUT LEADERSHIP ANIMATION, PARTICIPATION OR PANEL\_



ORGANIZE CONVERSATIONS WITH OUR EXPERTS ON THE SUBJECT, AND/OR LET OUR TALENTS ANIMATE YOUR EXCHANGES ON THIS THEME DURING A PODCAST, AN INTERVIEW OR A PANEL.



# YOU WANT TO KNOW MORE AND SHARE YOUR THOUGHTS WITH US?

Book a meeting with our team who will be happy to develop a customized program designed to meet your needs.

**Book a moment** 



www.adn-conferenciers.com