



### **OCTOBER**

**CYBERSECURITY MONTH** 

Oct. 1, 2024  $\rightarrow$  Oct. 31, 2024

INTERNATIONAL DAY OF OLDER PERSONS

Oct. 1, 2024

**WORLD MENTAL HEALTH DAY** 

Oct. 10, 2024

**WORLD FOOD DAY** 

Oct. 16, 2024



#### CYBERSECURITY MONTH

Oct. 1, 2024 → Oct. 31, 2024

Cybercriminals spend their days trying to trick us into giving away our personal information, tampering with our devices and even stealing our identities.

This issue, while true for individuals, is obviously very important in our businesses.



LEARN HOW TO SPOT PHISHING MESSAGES AND TAKE SIMPLE STEPS TO PROTECT YOURSELF AT A UNIQUE CONFERENCE COMBINING MAGIC, MENTALISM AND CYBER SECURITY WITH JULIEN LABIGNE:

#### **CONFERENCE:**



#### **MÉLISSA CANSELIET**

HUMAN ERROR IN CYBERSECURITY: UNDERSTAND FOR ENHANCED PROTECTION

CONFERENCE - ILLUSIONIST SHOW:



#### **JULIEN LABIGNE**

MENTAL HACKING: ARE HACKERS 3.0

MENTALISTS?



INTERNATIONAL DAY OF OLDER PERSONS

Oct. 1, 2024

Between 2015 and 2050, the proportion of the world's population aged 60 and over will nearly double, from 12% to 22%.

Prevalence data, based on a survey of 83,034 people in 57 countries, revealed that one in two people had moderately or strongly ageist attitudes (i.e., guided by stereotypes and prejudices).



CARL HONORÉ, AN INTERNATIONAL EXPERT ON THE SUBJECT, HELPS YOU CHANGE PERCEPTIONS.

HE EXPLAINS HOW OLDER WORKERS CAN BE A BOON IN EVERY SECTOR AND WHY THE FUTURE BELONGS TO COMPANIES THAT EMBRACE MULTI-GENERATIONAL WORK PRACTICES:

#### **CONFERENCE:**





## WORLD MENTAL HEALTH DAY

Oct. 10, 2024

Through an awareness conference, a training session allowing you to become an ally of a person in difficulty, or the development of a support program for your teams.



#### **OUR EXPERTS ARE AT YOUR DISPOSAL:**

#### **CONFERENCES:**



#### **AXEL ALLETRU**

NO HARD FEELINGS LIFE: STORY OF A PARAPLEGIC CHAMPION



#### **JULIAN GIACOMELLI**

FROM WORDS TO ACTIONS: PERSONAL BALANCE AND HEALTH OF FIRE FOR AMBITIOUS LEADERS



#### **MÉLISSA CANSELIET**

BALANCE IN THE HYPERCONNECTED ERA: MANAGING YOUR DIGITAL WELL-BEING





#### **CATH LAPORTE**

IMMERSIVE WELLNESS EXPERIENCES



#### **SYLVIA BRÉGER**

IDENTIFYING HARASSERS AND MIND GAMES



#### STÉPHANE GRENIER

HUMANIZATION OF CARE: EMPLOYEE WELL-BEING IS KEY



#### **YAN MARTIN**

WHY WE SHOULD ALL GET NAKED: THE POWER OF REVEALING YOUR TRUE SELF AND STEPPING OUTSIDE YOUR COMFORT ZONE

#### **CONFERENCE-EXPERIENCE:**



#### **CYNDIN MARTIN**

FIND BALANCE IN A CHANGING WORLD



#### **WORLD FOOD DAY**

Oct. 16, 2024

To fight against food waste every October 16th, the Food and Agriculture Organization of the United Nations celebrates World Food Day.



ORGANIZE A CONFERENCE OR A TEAM-BUILDING ON HEALTHY EATING:

#### **TEAM-BUILDING:**



#### **DOM COOKS**

MASTERCLASS AND CULINARY TEAM-BUILDING, TO YOUR TASTE!



#### **JESSICA HARNOIS**

WINE-CHEESE TASTING / TEAM BUILDING WITH THE VIN MYSTÈRE GAME

#### **CONFERENCE:**



#### **NIKOLAS BADMINTON**

THE FUTURE OF AGRICULTURE AND AGRI-FOOD



ORGANIZE CONVERSATIONS WITH OUR EXPERTS ON THE SUBJECT, AND/OR LET OUR TALENTS ANIMATE YOUR EXCHANGES ON THIS THEME DURING A PODCAST, AN INTERVIEW OR A PANEL.



# YOU WANT TO KNOW MORE AND SHARE YOUR THOUGHTS WITH US?

Book a meeting with our team who will be happy to develop a customized program designed to meet your needs.

**Book a moment** 



www.adn-conferenciers.com