

# CSR CALENDAR 2024

## MAY

### **NATIONAL SPORT AND PHYSICAL ACTIVITY DAY**

May 2, 2024

### **WORLD PRESS FREEDOM DAY**

May 3, 2024

### **INTERNATIONAL DAY OF FAMILIES**

May 15, 2024

### **INTERNATIONAL DAY AGAINST HOMOPHOBIA, TRANSPHOBIA AND BIPHOBIA**

May 17, 2024

# NATIONAL SPORT AND PHYSICAL ACTIVITY DAY

May 2, 2024

National Sport and Physical Activity Day (NSAPD) invites the public to discover or rediscover the joy of movement, sport and physical activity of all kinds and in all places.



**(RE)DISCOVER THE IMPORTANCE OF REGULAR PHYSICAL ACTIVITY AND ITS BENEFITS ON PHYSICAL AND MENTAL HEALTH WITH OUR SELECTION OF CONFERENCES AND WORKSHOPS!**

## CONFERENCES:



### AXEL ALLETRU

NO HARD FEELINGS LIFE: STORY OF A PARAPLEGIC CHAMPION



### CHARLES LAPIERRE

CULTIVATING AN INCLUSIVE POSTURE TOWARDS INVISIBLE DISABILITIES?



### KAROLINA WISNIEWSKA

REACHING NEW HEIGHTS: DRAWING INSPIRATION FROM PARALYMPIC EXCELLENCE TO PERFORM DAILY



### SARAH BRISSON-LEGAULT

NAVIGATING ADVERSITY: STRATEGIES OR TOOLS TO CULTIVATE RESILIENCE, LEARN FROM MISTAKES, AND EVOLVE WITH SELF-COMPASSION



### SHAWN SUKHRAJ JOHAL

LEADERSHIP LESSONS: FROM A NATIONAL CHAMPIONSHIP TO BUILDING A WORLD-CLASS CULTURE



### BRUNY SURIN

SPORTS: MOVING IS HEALTHY



### CYNDI MARTIN

TEAM BUILDING: TAKE OFF AS A TEAM ON ON FOUR WHEELS

# WORLD PRESS FREEDOM DAY

May 3, 2024

May 3rd serves as a reminder to governments of the need to respect their commitment to press freedom and is also a day of reflection for media professionals on issues of press freedom and professional ethics.



## DISCOVER OUR SELECTION OF EXPERTS ON THIS SUBJECT:

### CONFERENCE:



**EMILIE NICOLAS**

STATE OF PRESS FREEDOM IN THE WORLD

### INTERVENTION - EXPERTISE, PANEL OR INTERVIEW:



**MATTHIEU DUGAL**



**SANDRINE RASTELLO**

# INTERNATIONAL DAY OF FAMILIES

May 15, 2024

Proclaimed by the United Nations General Assembly in its resolution of September 20, 1993, this day is an event that reflects the importance that the international community attaches to the family as the basic unit of society, as well as its interest in the situation of families in the world.



## AN OPPORTUNITY TO EDUCATE YOUR EMPLOYEES ON WORK-LIFE BALANCE ISSUES:

### CONFERENCES:



#### AURÉLIE SAUTHIER

COMBINE AMBITION AND FAMILY LIFE:  
ENTREPRENEURS AND PARENTS WITH TWINS



#### STÉPHANE GRENIER

MENTAL HEALTH: EVERYONE'S BUSINESS



#### CARL HONORÉ

SLOW PARENTING: RAISING CHILDREN IN A  
FAST WORLD



#### YAN MARTIN

MENTAL HEALTH AS A PARENT: AN INSIGHT  
INTO THE POWER OF VULNERABILITY AND  
THE MAGIC OF STEPPING OUT OF YOUR  
COMFORT ZONE



#### SHAWN SUKHRAJ JOHAL

THE TOP 10 TIPS TO MASTERING THE ART OF  
CRUCIAL CONVERSATIONS

## MINI-CONFERENCE OR PANEL:



### **BRUNY SURIN**

FROM FATHER TO DAUGHTER: THE PURSUIT  
OF THE OLYMPIC DREAM - IN DUET WITH  
KATHERINE SURIN

## MINI-CONFERENCE OR INTERVIEW:



### **SYLVIA BRÉGER**

A CRIMINOLOGIST'S VIEW OF CHILD  
PROTECTION

## ATELIER:



### **SOPHIE REIS**

PREPARING YOUR TRIP WITH A BABY  
AND CHILD

# INTERNATIONAL DAY AGAINST HOMOPHOBIA, TRANSPHOBIA AND BIPHOBIA

May 17, 2024

The World Day Against Homophobia, Transphobia and Biphobia is a global day celebrated on May 17th, while there is still much education to be done about unconscious bias and prejudice.



LET'S WORK TOGETHER TO GIVE YOUR TEAMS THE POWER TO  
SPOT THEM TO BETTER STOP THEM:

## CONFERENCES:



### **BÉATRICE ROBICHAUD**

TRANS | COMING-OUT : A MATTER OF SURVIVAL



### **CHRIS BERGERON**

LOSING MY PRIVILEGES: WHAT BECOMING A  
VISIBLE MINORITY TAUGHT ME ABOUT LEADERSHIP



### **DEBORAH CHERENFANT**

ADDRESSING PREJUDICE TO BETTER CONFRONT IT  
RAISING AWARENESS ON CONSCIOUS AND  
UNCONSCIOUS BIAS, MICROAGGRESSION AND  
THEIR IMPACT ON OUR INCLUSIVENESS AND WORK  
ENVIRONMENT



### **MICHELLE GERRIOR**

ELLESTRANSEX ;THE DAY AFTER



**ORGANIZE CONVERSATIONS WITH OUR  
EXPERTS ON THE SUBJECT, AND/OR LET  
OUR TALENTS ANIMATE YOUR  
EXCHANGES ON THIS THEME DURING A  
PODCAST, AN INTERVIEW OR A PANEL.**



## **YOU WANT TO KNOW MORE AND SHARE YOUR THOUGHTS WITH US?**

Book a meeting with our team who will be happy to develop a customized program designed to meet your needs.

**[Book a moment](#)**



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